

AB109 PROBATION

If you are on AB109 Probation, please contact your Probation Officer directly, or go to your assigned hub to be referred to a mental health clinic near you.

Antelope Valley Area Office: 43423 Division St., Suite 401, Room 112, Lancaster, CA 93535; (661) 471-1900 or (661) 471-1901

East San Fernando Valley Office: 13557 Van Nuys Blvd., Pacoima, CA 91331; (818) 485-0050

Pomona Valley Area Office: 1660 W. Mission Blvd., Pomona, CA 91766; (909) 469-4507

South Los Angeles Office: 236 E. 58th St., Los Angeles, CA 90011; (323) 238-1000

PAROLE

If you are on Parole, please contact your Parole Agent directly to be referred to a mental health provider. If you do not know your Parole Agent's information, you can contact the Court Unit at the Parole Outpatient Clinic **(626) 527-3005**.

EMERGENCY PSYCH MEDICATION REFILLS

If you are prescribed psychiatric medications, it is advised that you schedule an intake at a mental health clinic 30 days in advance to avoid running out of medications. However, if you need an urgent refill, you can go to the locations listed below. *All accept Medi-Cal and uninsured patients.*

(SPA 2) Olive View Community Mental Health Urgent Care

Walk-In Hours: Monday-Friday 8am-7pm; Saturday 9am-5:30pm
14659 Olive View Dr., Sylmar, CA 91342 (818) 485-0888

(SPA 4) Exodus Mental Health Urgent Care: Eastside

Walk-In Hours: Monday-Friday 6am-5pm; Sat/Sun 6am-3pm
1920 Marengo St., Los Angeles, CA 90033
(323) 276-6400 or (800) 829-3923

(SPA 5) Exodus Mental Health Urgent Care: Westside

Walk-In Hours: 7am-5pm (7 days per week)
11444 W. Washington Blvd., Los Angeles 90066
(310) 253-9494 or (800) 829-3923

(SPA 6) Exodus Mental Health Urgent Care: MLK

Walk-In Hours: Monday-Friday 8am-4pm
12021 S. Wilmington Ave. Los Angeles 90059
(562) 295-4617 or (800)-829-3923

(SPA 8) Exodus Mental Health Urgent Care: Harbor-UCLA

Walk-In Hours: Monday-Friday (8am-4pm)
1000 W. Carson St. Bldg. #2, Torrance CA 90502
(424) 405-5888 or (800)-829-3923

(SPA 8) Mental Health Urgent Care of Long Beach

Walk-In Hours: Monday-Friday 8am-7pm
6060 Paramount Blvd., La Casa Bldg., Long Beach 90805
(562) 630-8672 or (562) 790-1860

(SPA 8) Star View Behavioral Health Urgent Care

Walk-In Hours: 7 days per week 8am-8pm
3210 Long Beach Blvd., Long Beach 90807 (562) 548-6565

24-HOUR HOTLINES

DMH ACCESS Center (800) 854-7771
Offers information regarding mental health services and referrals to local mental health services. It is also a crisis hotline for mental health concerns.

NAMI (National Alliance on Mental Illness) (800)-950-6264
Free service that provides information, referrals and support to people living with a mental health condition, family members and caregivers, mental health providers and the public.

**National Domestic Violence Hotline/
Linea de Ayuda Violencia Domestica** (800) 799-SAFE (7233)
www.ndvh.org

**National Suicide Prevention Lifeline/
Lines de Ayuda Para Prevencion del Suicidio** (800) 273-TALK (8255)
www.suicidepreventionlifeline.org

LGBT National Hotline (888) 843-4564
Crisis Intervention and Suicide Hotline for LGBT Youth and Adults

Trans Lifeline (877) 565-8860
Staffed by transgender people, for transgender people; crisis intervention and suicide hotline

The Trevor Project (866) 488-7386
Peer-led crisis intervention and Suicide Hotline for LGBTQ

Veterans Crisis Line (800)-273-TALK (8255) – Press 1

IMPORTANT PHONE NUMBERS

211 LA County Dial 2-1-1
Provides information and referrals for health and human services, like legal services, food banks, shelters, clothing, etc.

Substance Abuse Services Hotline (SASH) (844) 804-7500
Provides linkage to residential and outpatient substance use treatment in Los Angeles County.

Whole Person Care Call Center (844) 804-5200
Helpline for WPC participants to reconnect with your Community Health Worker or for program inquiries.

Revised 6/21/2019



Health Services
LOS ANGELES COUNTY

GUIDE TO OUTPATIENT MENTAL HEALTH SERVICES

**Where to go for
Treatment & Medication Refills**

**DMH ACCESS Center
(800) 854-7771**



MENTAL HEALTH OUTPATIENT CLINICS

**NOTE: Most of the clinics listed offer walk-in hours.
Please call to confirm the clinic is accepting new patients.**

***directly-operated DMH clinic**

Service Area 1 (Antelope Valley)

***Antelope Valley Mental Health Center** (661) 723-4260
349 A-East Avenue K-6, Lancaster, CA 93535

***Palmdale Mental Health Center** (661) 575-1800
1529 E. Palmdale Blvd., Suite 150, Palmdale, CA 93550

Tarzana Treatment Center (661) 726-2630
44447 10th Street W, Lancaster, CA 93534

Service Area 2 (San Fernando and Santa Clarita Valleys)

Center for Family Living (818) 901-4854
14545 Sherman Circle, Van Nuys, CA 91405

Cornerstone (818) 901-4836
14660 Oxnard Street, Van Nuys, CA 91405

El Centro De Amistad (818) 898-0223
566 S. Brand Blvd., San Fernando, CA 91340

Hillview Mental Health Center (818) 896-1161
12450 Van Nuys Blvd., Suite 200, Pacoima, CA 91331

MacDonald Carey East Valley MHC (818) 908-3855
11631 Victory Blvd., Suite 203, North Hollywood, CA 91606

San Fernando Community Mental Health Center (818) 901-4854
14545 Sherman Circle, Van Nuys, CA 91450

***San Fernando Mental Health Center** (818) 832-2400
10605 Balboa Blvd., Suite 100, Granada Hills, CA 91344

***Santa Clarita Valley Mental Health Center** (661) 288-4800
23501 Cinema Drive, Suite 210, Valencia, CA 91355

Tarzana Treatment Center
18646 Oxnard St., Tarzana, CA 91356 (818) 996-1051
7101 Baird Ave, Reseda CA 91335 (818) 342-5897

Verdugo Mental Health Center (Didi Hirsch) (818) 244-7257
1540 East Colorado Street, Glendale, CA 91205

***West Valley Mental Health Center** (818) 407-3200
20151 Nordhoff St., Chatsworth 91311

Service Area 3 (San Gabriel Valley)

***Arcadia Mental Health Center** (626) 821-5858
330 East Live Oak Avenue, Arcadia, CA 91006

BRIDGES Wellness Center (626) 350-5304
11927 Elliott Avenue, El Monte, CA 91732

***East San Gabriel Valley Mental Health Center** (626) 430-2900
1359 N. Grand Ave., Covina, CA 91724

ENKI La Puente (626) 961-8971
160 South Seventh Avenue, La Puente, CA 91744

Northeast Mental Health Center (323) 478-8200
5321 Via Marisol, Los Angeles, CA 90042

Pacific Clinics (age 26+)
1517 W Garvey Ave N, West Covina, CA 91790 (626) 962-6061
Additional locations in SPA 3 available for TAY, call Pacific Clinics
Access Center for info: (877) 722-2737

Tri-City Mental Health Center (909) 623-6131
2008 N. Garey Avenue, Pomona, CA 91767

Service Area 4 (Metro Los Angeles)

AIDS Project Los Angeles (213) 201-1600
611 S. Kingsley Drive, Los Angeles, CA 90005

Alcott Center for Mental Health (310) 785-2121
1433 S. Robertson Blvd., Los Angeles, CA 90035

Amanecer Community Counseling Services (213) 416-1106
1200 Wilshire Blvd. Suite 210, Los Angeles, CA 90017

Asian Pacific Counseling & Treatment Centers (213) 252-2100
520 S. Lafayette Park Place, Suite 300, Los Angeles, CA 90057

***Downtown Mental Health Center** (213) 430-6700
529 S. Maple Avenue, Los Angeles, CA 90013

***Hollywood Mental Health Center** (323) 769-6100
1224 Vine Street, Los Angeles, CA 90038

Los Angeles LGBT Center (323) 993-7400
1625 N. Schrader Boulevard, Los Angeles, CA 90028

***Men's Community Reintegration Program** (213) 673-3002
631 Maple Ave., Los Angeles, CA 90013

***Northeast Mental Health Center**
5321 Via Marisol, Los Angeles, CA 90042 (323) 478-8200

Service Area 5 (West LA)

Didi Hirsch Community Mental Health Center (310) 390-6612
4760 S. Sepulveda Blvd., Culver City, CA 90230

***Edelman Westside Mental Health Center** (310) 966-6500
11080 West Olympic Blvd., 4th Floor, Los Angeles, CA 90064

SCHARP's Oasis House (323) 751-2677
5201 S. Vermont Avenue, Los Angeles, CA 90037

Service Area 6 (South LA)

***Augustus F. Hawkins Mental Health Center** (310) 668-4272
1720 East 120th Street, Los Angeles, CA 90059

***Compton Family Mental Health Center** (310) 668-6800
921 E. Compton Blvd, Compton, CA 90221

Kedren Community Health Center (323) 233-0425
Adult Outpatient: 4211 South Avalon Blvd, Los Angeles, CA 90011

Kedren AB109 Program: 3761 Stocker St., Suite 211, Los Angeles,
CA 90008 (no walk-ins allowed, need referral from Probation hub)
(323) 233-0425 ext. 1574

***West Central Mental Health Center** (323) 298-3618
3751 Stocker Street, Los Angeles, CA 90008

***Women's Community Reintegration Services** (323) 525-6400
8300 South Vermont Avenue, Los Angeles, California 90044

Service Area 7 (Southeast LA)

Alma Family Service (323) 881-3799
4701 East Cesar Chavez, Los Angeles, CA 90022

American Indian Counseling Center (562) 402-0677
17707 S. Studebaker Road, Cerritos, CA 90703

***Centro De Bienstar** (323) 826-6300
2677 Zoe Ave. Suite 301, Huntington Park, CA 90255

***Rio Hondo Community Mental Health Center** (562) 402-0688
17707 S. Studebaker Rd., Cerritos, CA 90703

***Roybal Family Mental Health Center** (323) 267-3400
4701 Cesar Chavez Avenue, 2nd Floor, Los Angeles, CA 90022

***San Antonio Mental Health Center** (323) 584-3700
2629 Clarendon Avenue, Huntington Park, CA 90255

Service Area 8 (South Bay)

1736 Family Crisis Center (323) 737-3900
2116 Arlington Avenue, Los Angeles, CA 90018

***Coastal Asian Pacific Islander Family** (310) 217-7312
14112 S. Kingsley Dr., Gardena CA 90249

Didi Hirsch Community Mental Health Center (310) 677-7808
323 N. Prairie Ave. Suite 350, Inglewood, CA 90301

***Harbor-UCLA Mental Health Center** (310) 222-3151
1000 W. Carson Street, Bldg. D-5, Torrance, CA 905009

LGBTQ Center Long Beach (562) 434-4455
2017 E. 4th Street, Long Beach, CA 90814

***Long Beach Asian Pacific Mental Health Center** (562) 346-1100
4510 E. Pacific Coast Highway Suite 600, Long Beach, CA 90804

***Long Beach Mental Health Center** (562) 256-2900
2600 Redondo Ave. 3rd Fl., Long Beach, CA 90806

***San Pedro Mental Health Center** (310) 519-6100
150 W. 7th Street, San Pedro, CA 90731

***South Bay Mental Health Center** (323) 241-6730
2311 West El Segundo Blvd., Hawthorne, CA 90250

Tarzana Treatment Center (562) 428-4111
2101 Magnolia Ave. Long Beach, CA 90806

The Village-Mental Health America, Long Beach (562) 437-6717
456 Elm Avenue, Long Beach, CA 90802